



The Call On The Fighter Foundation began as a simple idea...create and offer original music to encourage and inspire "fighters" along their Parkinson's journey.

Colleen Bridges, owner and director of **Bridges for Parkinson's**, a Parkinson's disease fitness and wellness center, found the perfect fit in one of her own fighters, Rich Gootee. Rich, an award-winning singer/songwriter, knows all too well the constant and daily struggles as he was diagnosed with Parkinson's disease in 2018. Colleen's experience, research, and regular boxing classes have helped Rich and many others discover the fight within themselves to overcome the otherwise debilitating effects of Parkinson's disease. Together, Colleen, Rich, and their team have grown the music idea into an effort to help even more fighters find restoration and hope by raising funds so that Bridges For Parkinson's is always available to anyone living with Parkinson's AND their care-partner.

"You Are Not Alone" is the latest song from The Call On the Fighter music platform. Written by **Rich Gootee** and **Greg Anderson**, featuring rock icons **Peter Frampton** and **Gordon Kennedy**, guitar solos; **Rich Gootee**, lead vocals; **Beeb Birtles** from the **Little River Band** singing harmony; and **The Call On The Fighter Voices** comprised of hundreds of Parkinson's Fighters across America.

Filled with heartfelt emotion, **"You Are Not Alone"** offers a profound message of empathy and unity. The soulful lead vocal, gentle rock rhythm, and subtle gospel harmonies create a comforting atmosphere, complemented by soaring guitar riffs. Through its deeply personal lyrics, **"You Are Not Alone"** serves as a beacon of hope and reassurance, reminding listeners that even in their darkest moments, they are never truly alone. Instead, they are embraced by a community of support and understanding.

"You Are Not Alone" is a testament to the enduring power of compassion, resonating with the universal truth that together, we can overcome any obstacle.



Rich Gootee



CallOnTheFighter.com
BridgesForParkinsons.com

Class Locations:

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